

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Phoenix House (T/A Phoenix Futures)</b>	
If your organisation is part of a larger organisation, what is its name? <b>N/A</b>	
In which London Borough is your organisation based? <b>Southwark</b>	
Contact person: <b>Ms Liz Zacharias</b>	Position: <b>Director of Business Development</b>
Website: <b>http://www.phoenix-futures.org.uk</b>	
Legal status of organisation: <b>First Contact</b>	Charity, Charitable Incorporated Company or company number: <b>284880</b>
When was your organisation established? <b>01/01/1969</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Resettlement and Rehabilitation of Offenders</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced</b> <b>More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced</b>		
Please describe the purpose of your funding request in one sentence. <b>To support prisoners engaged with substance misuse services on release from custody to successfully and sustainably resettle back into the community and reduce reoffending</b>		
When will the funding be required? <b>19/01/2015</b>		
How much funding are you requesting?		
Year 1: <b>£105,591</b>	Year 2: <b>£106,347</b>	Year 3: <b>£108,506</b>
<b>Total: £320,444</b>		

**Aims of your organisation:**

Phoenix Futures is passionate about recovery and enabling individuals with drug and alcohol problems, as well as their families and communities, to reach their full potential and fulfil their dreams. We take a holistic recovery based approach, supporting service users to initiate and maintain positive lifestyle changes through a range of tailored interventions and programmes that improve physical and mental health, eliminate anti-social/criminal activity and promote pro-social attitudes and values.

We believe in being the best; our relentless optimism and energy for overcoming dependency motivates those we help to realise their own recovery. Families, friends and carers need hope, care and guidance just as much as their loved ones. We are passionate about recovery, which is why we constantly strive to learn, innovate, challenge ourselves and adapt.

We believe that our values and beliefs allow us to confidently offer support to individuals on release from prison to successfully and sustainably reintegrate back into society.

**Main activities of your organisation:**

Phoenix Futures has been providing recovery services nationally for people with drug and alcohol problems for over 40 years. Working with service users at every stage of recovery, Phoenix Futures supports individuals, families and communities to reduce the impact of problematic drug and alcohol use.

Phoenix Futures currently delivers a variety of quality treatment services across England and Scotland. These include residential rehabilitation, specialist family services, supported housing, outreach services, supported housing, structured day programmes and criminal justice services in both prisons and the community. We work in 12 prisons across the UK and across 39 residential and community services in Birmingham, Derby, Leicester, Barnsley, Tyneside, the Wirral, central Lancashire, Trafford, Sheffield, Hampshire, Glasgow, Lanarkshire, Norfolk and Suffolk.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>460</b>	<b>88</b>	<b>13</b>	<b>121</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>10 years</b>

## Summary of grant request

Our proposal is to employ a team of two through the gate workers in HMP Pentonville, a category B prison with capacity for 1,300 male prisoners, and HMP/YOI Holloway, a female establishment with capacity for 593 prisoners, providing every prisoner who has engaged with the prisons' substance misuse programme, Building Futures, run by Phoenix Futures, with access to support in the lead up to release and on release.

Building Futures works with over 50% of both prisons' populations, supporting 1,618 prisoners to positively work towards recovery in the last six months. On average, 57 prisoners engaged with Building Futures are released from HMP/YOI Holloway each month, with only 30% attending their arranged appointment with community treatment providers. HMP Pentonville releases on average 69 prisoners who have engaged with Building Futures per month, of whom 20% attend their community appointment. These figures support the need for provision for prisoners with substance misuse issues on release.

Post 1: HMP/YOI Holloway -- a full-time female worker who understands the emotional needs of female offenders with chaotic substance misuse issues.

Post 2: HMP Pentonville -- a full-time worker with knowledge of the substance misuse and resettlement needs of male offenders with substance misuse issues.

Each worker will be supported by a team of volunteers.

These posts will become part of the prisons' established substance misuse service, Building Futures, which consists of three teams: case management (assessments, keyworking, throughcare), interventions (psychosocial group work) and community engagement (family support, education, training and employment, housing). By enhancing existing provision to support service users upon release, we will improve engagement rates with community providers, support service users to remain substance free, reduce the risk of reoffending and increase successful reintegration back into society.

The primary roles of the through the gate workers and the supporting volunteers will be to meet with service users prior to release, to establish individual needs and to accompany service users to appointments in the community on release, working with other agencies and organisations as appropriate such as housing services, training providers, mental health teams and Drug Interventions Programmes (DiP).

The proposal for these posts is a direct result of feedback from service user forums in both prisons, which include prisoners from a range of backgrounds. Through the gate support is consistently highlighted as an area of need.

Phoenix Futures upholds the principles of City Bridge Trust relating to volunteers, diversity, service user involvement and environmental impact. We ensure that volunteers are guided by a member of staff, receive regular supervisions and access to training opportunities. We have an organisational equality and diversity policy as well as an equality and diversity group that meets regularly. In HMP Pentonville and HMP/YOI Holloway specifically, we monitor the nine protected characteristics of the Equality Act 2010 to ensure that our services are responsive to the diverse prison populations.

Phoenix Futures is committed to environmental sustainability, with recent initiatives including travel being reduced by 30% and the installation of biomass boilers across a number of sites. The Phoenix Forest, which commemorates service users' achievements by planting a tree for each service user who completes treatment, further reduces our carbon footprint.

Phoenix Futures values service user involvement and the input of service users in the improvement of our services. To achieve this, we carry out biannual service user surveys, host service user forums and operate a compliments and complaints process.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Phoenix Futures has recently received gold accreditation from Investors in People. We are also Stonewall diversity champions and have been accredited with the 'positive about disabled people' symbol (with two ticks). Phoenix Futures has also been Recognised for Excellence 4 star accreditation from EFQM (the European Foundation for Quality Management).**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**To conduct three-way meetings with service users prior to release, to include a representative of the receiving community based service if appropriate in order to ensure effective continuity of care for the offender. This will help to enhance motivation to engage with community services on release.**

**To meet with service user at the gate on day of release.**

**To escort service users to their first appointments with community substance misuse services and to provide emotional and practical support. This may involve liaising on their behalf with various services including housing provision and other community services where appropriate.**

**To work with service users for a period of between one and three months.**

**To recruit and train volunteers to support the service.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Reduction in service drop out and reduced attrition from prison to community services.**

**Reduce overdose risk of those leaving prison.**

**Increase engagement from and partnership working between community services and prison based teams (resettlement).**

**Greater reduction in reoffending for those service users who have lacked community engagement in the past.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**During the three year funding period, we will gather statistics to evidence to prison commissioners the effectiveness of the service, with the view to incorporating it into future tendering processes, thus securing the project as a core part of the services Phoenix Futures offers. We will also consider seeking further funding from City Bridge Trust.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**1,200**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**All ages**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**21-30%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries including NI and pensions for two workers plus supervision and administration support	69,857	71,953	74,112	215,922
Travel and expenses including volunteer expenses	19,113	19,113	19,113	57,339
Training including volunteer training	2,482	2,482	2,482	7,446
Client costs	500	500	500	1,500
Telecoms and IT	3,918	2,578	2,578	9,074
Insurance	1,241	1,241	1,241	3,723
Printing and marketing	2,000	2,000	2,000	6,000
Management and governance	6,480	6,480	6,480	19,440
<b>TOTAL:</b>	<b>105,591</b>	<b>106,347</b>	<b>108,506</b>	<b>320,444</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Not applicable	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Not applicable	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2013</b>
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Income received from:	£
Voluntary income	236,810
Activities for generating funds	0
Investment income	93,993
Income from charitable activities	22,849,443
Other sources	0
<b>Total Income:</b>	<b>23,180,246</b>

Expenditure:	£
Charitable activities	21,868,555
Governance costs	5,112
Cost of generating funds	7,347
Other	0
<b>Total Expenditure:</b>	<b>21,881,014</b>
<b>Net (deficit)/surplus:</b>	<b>1,299,232</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>1,299,232</b>

Asset position at year end	£
Fixed assets	2,066,667
Investments	100
Net current assets	4,969,981
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>7,036,748</b>

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	7,036,748
<b>*Total Reserves (B):</b>	<b>7,036,748</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
91-100%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Since the 2013 accounts were published, we have merged with Foundation66, a London-based drug and alcohol charity, which is now a wholly owned subsidiary of Phoenix Futures.

### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Big Lottery	74,000	98,000	98,000	
Big Lottery	101,000	101,000	0	
Big Lottery	43,000	43,000	0	
Comic Relief	39,000	39,000	39,000	
Criminal Justice Change Fund	18,000	18,000	0	

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Liz Zacharias**

Role within                      **Director of Business Development**  
Organisation: